# Mobile Learning Adoption by Language Instructors in Taibah University

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### ABSTRACT

This study aimed to determine Mobile Learning adoption among language instructors at English language center (ELC) in Taibah University, Saudi Arabia. It also examined the effect of gender, age, qualification and experience variables on adoption. A questionnaire, developed by the researcher, was administered to a sample of (69) language instructors. The results of statistical analysis indicated that although language instructors found Mobile learning useful and easy to use, they rarely adopted it in teaching language skills. They mainly used mobile devices to keep in contact with their students. They used applications like What'sapp, email, web browsers and text messaging feature to inform students about course alerts and share course files and documents. Adoption challenges like classroom inaccessibility, high cost of mobile fees and lack of technical support were more serious obstacles for female instructors than males. The results also indicated that there were no statistically significant differences in all domains of the questionnaire between male and female instructors in the adoption of Mobile Learning at ELC regarding to gender, age, qualification and experience variables. The study recommended language instructors to make use of the many advantages, features, and applications of mobile devices to facilitate language learning.

**Keywords:** Mobile Learning, Language Instructors, English Language Center (ELC)

### **INTRODUCTION**

The Learning process can be considered the most important impetus for global evolution starting from the early existence of human beings. This learning process has been gradually transformed from the traditional systems to incorporate more modern aspects of learning. The implementation of technology is expected to facilitate the learning process further for teachers and students. The vital role of technology in designing, adopting, improving and evaluating educational applications is a great and effective feature of the learning process. It has changed our life in ways we could never have imagined. Technology has improved learning by providing more resources, greater knowledge, more interaction, more collaboration, more fun and better assessment. In the field of education, the wireless portable devices are by far the most popular technological innovations as mobile devices have been great tools, not only for communication, but also as technological tools that could be vitally facilitated in learning. Consequently, it has improved the students' achievement. As Chiang, Yang and Hwang (2014) said that the experimental results show that the mobile approach is able to improve students' learning performance and achievement. In addition, it helps teachers to provide an attractive environment regardless of both, time and location.

The world has witnessed three main Revolutions: the Industrial Revolution, the Electronics Revolution and the Wireless Revolution. The Wireless Revolution has generated what is known as Mobile Learning. El-Hussein and Cronje (2010) stated that the evolution of handheld portable devices and wireless technology has resulted in radical changes in the social and economic lifestyles of modern people. Mobile phones have a great potential in language teaching and learning because mobility and portability are the attributes of modern life. Today, many technological devices are produced in portable form. These devices are reshaping users' daily lives in different ways.

# STATEMENT OF THE PROBLEM

The popularity and the ownership of mobile devices among college students are high. According to Goundar (2011)such flexibility in the provision of education, there is a possibility in getting everyone educated once the constraints of attending classes at confined time slots and locations are removed. It means that connectivity, flexibility, portability, and interactivity are all features that make mobile technology more useful and attractive to students. Mobile technology has also proved very effective and helpful in learning English and enhancing language instruction which is considered quite challenging in Saudi Arabia. The level of mobile technology adoption among English language instructors might differ in Taibah University. Therefore, the current study focused on instructors' usage of mobile technology, their teaching practices, their use of different applications, and their demographic characteristics to provide a baseline of mobile technology adoption on which to build future usage across the university.

# **RESEARCH PURPOSES**

The purposes of the study are:

- 1. To determine the adoption of Mobile Learning technology by male and female instructors at the English Language Centre (ELC) in Taibah University.
- 2. To examine the effects of gender, age, qualification and experience variables of instructors at ELC in Taibah University on adoption.

# **RESEARCH QUESTIONS AND HYPOTHESIS**

In harmony with the above stated purposes, the following research questions are posed:

- 1. Do male and female instructors at the ELC in Taibah University adopt Mobile Learning technology in TEFL? from this question, the following sub-questions are derived
  - 1.1. To what extent do male and female language instructors find Mobile Learning useful for teaching EFL?
  - 1.2. To what extent do EFL male and instructors find that Mobile Learning easy to use?
  - 1.3. To what extent do EFL male and female instructors adopt Mobile Learning in teaching language skills?
  - 1.4. What are the types of teaching practices do EFL male and female instructors use?
  - 1.5. What are the mobile features and apps do EFL male and female instructors use?
  - 1.6. What are the adoptions challenges do EFL male and female instructors face?
- 2. What are differences according to gender variable in terms of adopting Mobile Learning at the ELC in Taibah University?
- 3. What are differences according to age variable in terms of adopting Mobile Learning at the ELC in Taibah University?

- 4. What are differences according to qualification variable in terms of adopting Mobile Learning at the ELC in Taibah University?
- 5. What are differences according to experience variable in terms of adopting Mobile Learning at the ELC in Taibah University?

Based on the above research questions and the purposes of the study, the following null hypothesis was formulated:

- 1. There will be no statistically significant differences in the average score of Mobile Learning adoption between male and female instructors toward using Mobile Learning technology at ELC in Taibah University according to gender variable.
- 2. There will be no statistically significant differences in the average score of Mobile Learning adoption between male and female instructors toward using Mobile Learning technology at ELC in Taibah University according to age variable.
- 3. There will be no statistically significant differences in the average score of Mobile Learning adoption between male and female instructors toward using Mobile Learning technology at ELC in Taibah University according to qualification variable.
- 4. There will be no statistically significant differences in the average score of Mobile Learning adoption between male and female instructors toward using Mobile Learning technology at ELC in Taibah University according to experience variable.

### **REVIEW OF LITERATURE**

### **Definition of Mobile Learning**

Mobile Learning is a type of learning that takes place via a portable or hand-held device. It takes place anywhere and anytime by giving the learner freedom of studying time and place and increasing the flexibility to teachers and instructors. Thus Mobile Learning can be defined as the ability to obtain educational content on personal pocket devices such as smart phones and mobile phones and PDs. Baran (2014, p.18) pointed that "Mobile Learning emphasize mobility, access, immediacy, stativity, ubiquity, convenience and contextually. Mobile Learning includes the characteristics of mobility in physical, conceptual, and social spaces." Mobile Learning provides flexible, informal, contextual learning with a little device. It basically means learning that can take place anywhere and anytime, learning on the go, learning on the move, using digital devices to access information at non-traditional work locations.

### Advantages of Mobile Learning

Research has indicated some advantages for Mobile Learning like mobility, portability, simplicity and flexibility. Mobility increases a learner's capability to physically move their own learning environment as they move. The mobile's portability, simplicity, and affordability were argued to make it a natural fit for education where internet connectivity may be rare. Mobile Learning includes additional benefits such as the ability to exchange information and interact with other learners almost instantly. This increases social learning advantages in this world of technology and electronics as learners communicate and collaborate with one another. A major advantage of using wireless mobile technology is to reach people who live in remote locations where there are no schools, teachers, or libraries.

Miangah and Nezarat (2012) pointed out to two main characteristics of mobile devices which are portability and connectivity. As for connectivity, designing the mobile system must have capability of being connected and communicated with the learning website using the wireless network of the device to access learning material including short message service (SMS) and mobile e-mail. Portability enables learners to move mobile devices and bring learning materials.

Klopfer (2002, as cited in Miangah and Nezarat, 2012) stated the following advantages of mobile devices; 1) social interactivity: exchanging data and collaboration with other learners is possible through mobile devices; 2) context sensitivity: the data on the mobile devices can be gathered and responded uniquely to the current location and time; 3) connectivity: mobile devices can be connected to other devices, data collection devices, or a common network by creating a shared network; 4) individuality: activities platform can be customized for individual learner.

# The Benefits for Teachers

The widespread influence of the market increased the popularity of mobile phones, and this fulfills the need of teachers to provide applications and software for learners in teaching. Moreover, comparing with other wireless devices such as laptop computers, mobile phones are rather inexpensive having functions as Internet browsers available in most devices. With such inexpensive devices accessible to even the poorest areas and having the functionalities of e-mail or SMS, it is now possible to transfer information to and from mobile phones between instructors and learners without any difficulties.

Fritschi and Wolf (2012) explored that mobile technology can support teachers and improve their practices because it represents an exciting opportunity for educators in North America to expand their professional learning through increased access to instructors, mentors, supervisors and peers, as well as online content and resources. Professional Development (PD), focused on using mobile technology for instruction to help teachers increase student achievement and better meet their students' needs. Through careful planning and implementation, schools can develop Mobile Learning, PD programmers that support teachers, improve teaching practices that enhance the learning process.

(Retta,2009) stated that "when learners are interested in the technology, it captures their attention and makes them more interested in learning, and the right sort of learning content is introduced to them on mobile devices"(p.19)that would increase their language learning and acquisition.

# Mobile Learning and Teaching English

Mobile Learning technology is more useful for both inside and outside classroom activities. Such activities enable learning to be more directly connected with the real world experiments. Moreover, learning through mobile phones outside the classroom has the advantage of better exploiting the learner's free time; even the students on the move can improve their learning skills

A number of studies have shown that EFL teachers have positive attitudes toward the adoption of mobile technology in the classroom. In fact, technology-aided learning is more effective than traditional learning which is realized in a campus-wide wireless computing environment. Many studies like Levy and Kennedy, 2005; Norbrook and Scott, 2003 have concentrated on using mobile phones as a way to distribute content from teachers to students, rather than focusing on the interaction among students or communication between students and teachers which is more useful and very productive.

Gorichanaz (2011) conducted a study to find out whether there were any differences in vocabulary retention when ESL students read text with and without access to computermediated dictionaries. It examined the differences in short- and long-term vocabulary retention when readers using computer-mediated dictionaries versus paper dictionaries and handheld dictionaries. The study found that computer-mediated dictionaries were more effective for vocabulary retention than print-based dictionaries. One interesting finding wasthat for beginning learners, there was an apparent retention loss with the computermediated vocabulary learning. This may be due to the superficiality of looking up words on the computer; without a computer, the process requires more diligence that may have resulted in fewer words being learned, but with a higher quality of learning for each of those words. The study also showed that computer-aided language learning programs that focus on providing users with comprehensible input have considerable promise in promoting extensive reading and vocabulary learning. Even considering all this, it is important to note that there are some benefits to mobile technology integration that cannot be measured by test scores alone. For example, using such devices in the classroom help to prepare students to learn and use new technology in the workplace.

Abbasi and Hashmi (2013) in their study proved that using mobile phones had a significant effect on not only vocabulary learning but also vocabulary retention of EFL learners although there was not a significant difference between male and female learners in the vocabulary learning and retention while using mobile phones.

Amry(2014, p.133)stated that "face-to-face learning in the classroom is a formal academic learning process and used mostly to disseminate information to individuals rather than improve social interaction between students. The social dimension is very important to constructing knowledge and to orientating students towards new educational technology that use social networks." So, mobile devices are used at universities and higher educational institutions to enhance online interactions through discussions and to share knowledge.

### **Disadvantages of Mobile Learning**

There are some disadvantages for Mobile Learning. As mentioned below, these disadvantages are mainly related to the technical specifications of the used devices which would affect the dependability of mobile devices for learning.

Behera (2013) mentioned some disadvantages of Mobile Learning which are: 1) the limited storage capacities; 2) device may become outdated quickly and students have to keep combating obsolescence; 3) the buttons on the keypad or styles pens are small and can be trickily for some people to manipulate; 4) too small display makes it hard to read; 5) usable with some models only; 6) network connectivity limitations and expenses / costs.

Gholami and Azarmi (2012) and Chinnery (2006) agreed that there are some limitations and barriers with mobile devices to be used as educational devices. For example, reduced screen size, limited audio-visual quality, virtual keyboarding, and one-finger data entry are some of these limitations. However, the advances in technology are trying to solve these problems as they have introduced mobiles with bigger screen size and keypads that enable to have faster typing, therefore these limitations can be solved with the developing of all technical devices they can also be limited and controlled.

Kukulska-Hulme and Traxler (2005) argued that although learning service through mobile devices has some advantages, it has its own constraints as small screen, reading difficulty on such a screen, data storage and multimedia limitations, and the like. Many of the mobile

phones are not designed for educational purposes. Thus, it is difficult for learners to use them for the task given by the teachers to be carried out.

# METHODOLOGY AND PROCEDURES

### **Research Design**

The current study is both descriptive and analytical. A quantitative research design is utilized to investigate language instructors' adoption of mobile and the effect of gender, age, and qualification and experience variables on adoption. The instrument of this study is a questionnaire developed by the researcher and it and administered to EFL instructors at ELC in Taibah University in Al-MadinahAl-Munawwara.

### **Population and Sample**

The population of the study was represented by the English Language Center instructors in the male and female campuses of Taibah University, Al-Madinah Al-Munawwara. The total number of language instructors is (102),(67) are male and 35 female instructors during the implementation of the study. The researcher addressed all instructors in order to measure their adoption of Mobile Learning in teaching EFL and to examine if there are significant differences between the male and female instructors according to gender, age, and qualification and experience variables.

### **Research Instrument**

The instrument used for the study was a questionnaire which was developed to elicit reliable and valid data regarding Mobile Learning adoption by language instructors at ELC. The questionnaire was constructed by the researcher after reviewing the literature of some studies like Fozdar and Kumar. (2007), Oz (2014),Kalloo and Mohan (2012) and Dashtestani (2013).It was divided into two sections: the first section was used to collect background information like name, gender, age, nationality, qualification, years of experience and number of sessions attended in technology field. The second section covered the following domains:

- a. Usefulness of Mobile Learning adoption for EFL instructors: this area deals with language instructors perceptions towards the usefulness of Mobile Learning as perceptions usually affect adoption.
- b. Ease of using Mobile Learning for EFL instructors: this area deals with whether language instructors find Mobile Learning an easy method to deliver instruction.
- c. Mobile Learning adoption in teaching language skills: this area deals with which language skills and aspects taught through Mobile Learning.
- d. Types of teaching practices for EFL instructors: this area investigates the types of teaching practices adopted by Mobile Learning.
- e. Features and apps adoption of Mobile Learning for EFL instructors: this area deals with which features and apps they find useful to use
- f. Adoption challenges of Mobile Learning for EFL instructors: this area deals with the challenges or difficulties that might face instructors in utilizing Mobile Learning.

The participants' responses were scored on a five-point Likert scale, 1=never, 2=rarely, 3=sometimes, 4=frequently and 5=always.

### Questionnaire Validity and Reliability

Questionnaire validity is concerned with the "meaningfulness of research components"(Drost, N.D p106) and reliability means "the extent to which measurements are repeatable –when different persons perform the measurements, on different occasions, under different conditions, with supposedly alternative instruments which measure the same thing"(Drost, N.D p114), To check content validity of the questionnaire, it was judged by some specialists in the field of language teaching and necessary modifications were made. The researcher also calculated the Pearson correlation coefficient between each statement and the total score of the axis to which its belong, in order to check validity of the internal consistency of the questionnaire (See Table 1)

| Axis   | Question  | Pearson Correlation<br>Coefficient  | P-Value<br>(Sig)   | Pearson Correlation<br>Coefficient | P-Value<br>(Sig) |
|--------|---|---|--|------------------------------------|------------------|
| First  | 1   | .741**  | lation         P-Value         Pearson Correlation $(Sig)$ Coefficient           .000         .000           .000         .555**           .000         .555**           .000         .000           .000         .555**           .000         .000           .000         .000           .000         .000           .000         .000           .000         .333**           .000         .333**           .000         .000           .000         .619**           .000         .000           .000         .619**           .000         .000           .000         .825** |                                    |                  |
|        | 2   | Pearson Correlation         P-Value         Pearson Correlation $Coefficient$ $(Sig)$ $Coefficient$ $.741^{**}$ $.000$ $.779^{**}$ $.000$ $.717^{**}$ $.000$ $.555^{**}$ $.825^{**}$ $.000$ $.555^{**}$ $.823^{**}$ $.000$ $.555^{**}$ $.823^{**}$ $.000$ $.555^{**}$ $.823^{**}$ $.000$ $.569^{**}$ $.305^{**}$ $.000$ $.305^{**}$ $.267^{*}$ $.031$ $.333^{**}$ $.747^{**}$ $.000$ $.682^{**}$ $.000$ $.743^{**}$ $.000$ $.743^{**}$ $.000$ $.619^{**}$ $.654^{**}$ $.000$ $.619^{**}$ $.654^{**}$ $.000$ $.619^{**}$ $.654^{**}$ $.000$ $.619^{**}$ $.699^{**}$ $.000$ $.825^{**}$ |  |                                    |                  |
|        | 3   | .717**  | .000   |                                    |                  |
|        | 4   | .825**  | .000   | .555**                             | .000             |
|        | 5   | .823**  | .000   |                                    |                  |
|        | 6   | .734**  | .000   |                                    |                  |
|        | 7   | .569**  | .000   |                                    |                  |
| Second | 8   | .305**  | .007   |                                    |                  |
|        | 9   | .290**  | .010   |                                    |                  |
|        | 10  | .267*   | .031   | 222**                              | 000              |
|        | 11  | .747**  | .000   | .333***                            | .000             |
|        | 12  | .682**  | .000   |                                    |                  |
|        | 13  | .743**  | .000   |                                    |                  |
| Third  | 14  | .586**  | .000   |                                    |                  |
|        | -         Coefficient         (I)           1         .741**         .0           2         .779**         .0           3         .717**         .0           4         .825**         .0           5         .823**         .0           6         .734**         .0           7         .569**         .0           7         .569**         .0           9         .290**         .0           10         .267*         .0           11         .747**         .0           12         .682**         .0           13         .743**         .0           14         .586**         .0           15         .707**         .0           16         .768**         .0           17         .713**         .0           18         .654**         .0           19         .703**         .0           20         .694**         .0           21         .699**         .0           22         .804**         .0 | .000  |  |                                    |                  |
|        | 16  | .768**  | .000   |                                    |                  |
|        | 17  | .713**  | .000   | .619**                             | .000             |
|        | 18  | .654**  | .000   |                                    |                  |
|        | 19  | .703**  | .000   |                                    |                  |
|        | 20  | .694**  | .000   |                                    |                  |
| Fourth | 21  | .699**  | .000   | 825**                              | 000              |
|        | 22  | .804**  | .000   | .023                               | .000             |

| Table 1. Pearson correlation coefficients between each statement and the total score of each as |
|---|
|---|

| Axis  | Question | Pearson Correlation | P-Value<br>(Sig) | Pearson Correlation | P-Value<br>(Sig) |
|-------|----------|---------------------|------------------|---------------------|------------------|
|       | 23       | .821**              | .000             | cogjieleni          | (318)            |
|       | 24       | .749**              | .000             |                     |                  |
|       | 25       | .795**              | .000             |                     |                  |
|       | 26       | .787**              | .000             |                     |                  |
|       | 27       | .520**              | .000             |                     |                  |
|       | 28       | .801**              | .000             |                     |                  |
|       | 29       | .731**              | .000             |                     |                  |
|       | 30       | .669**              | .000             |                     |                  |
|       | 31       | .685**              | .000             |                     |                  |
| Fifth | 32       | .570**              | .000             |                     |                  |
|       | 33       | .614**              | .000             |                     |                  |
|       | 34       | .705**              | .000             |                     |                  |
|       | 35       | .683**              | .000             |                     |                  |
|       | 36       | .513**              | .000             | 700**               | 000              |
|       | 37       | .685**              | .000             | ./88**              | .000             |
|       | 38       | .748**              | .000             |                     |                  |
|       | 39       | .688**              | .000             |                     |                  |
|       | 40       | .586**              | .000             |                     |                  |
|       | 41       | .749**              | .000             |                     |                  |
| Sixth | 42       | .612**              | .000             |                     |                  |
|       | 43       | .813**              | .000             |                     |                  |
|       | 44       | .726**              | .000             | .624**              | .000             |
|       | 45       | .901**              | .000             |                     |                  |
|       | 46       | .715**              | .000             |                     |                  |

Note: (\*\*) means significant at the (0.01) level of significance or less

Note: (\*) means significant at the (0.05) level of significance or less

The questionnaire reliability was calculated by using Alpha Cronbach Method. The results illustrated in table (2) showed that the reliability coefficients were between (0.8016-0.9124), which indicates that the tool is characterized by high stability.

| Axis                      | Coefficients Cronbach's Alpha |
|---------------------------|-------------------------------|
| First                     | 0.8629                        |
| Second                    | 0.8016                        |
| Third                     | 0.8115                        |
| Fourth                    | 0.9124                        |
| Fifth                     | 0.8552                        |
| Sixth                     | 0.8157                        |
| Complete<br>Questionnaire | 0.8884                        |

 Table 2. Reliability coefficient Ratios of Cronbach's Alpha

# **Research Procedures**

In order to collect the required data of the current study, Two official letters were obtained from college of education (See Appendix A). The first was an official letter to Deanship of Higher Studies and Scientific Research to get permission to conduct the research instrument. The second official letter was sent to Deanship of Educational Affairs to get permission to collect the required data. After getting permission, the researcher distributed the questionnaire copies to all language instructors in both male and female campuses at ELC in Taibah University.

The questionnaire was administrated during one week from 15th of April, 2015 to 22th of April, 2015. All language instructors were informed that filling out the questionnaire was optional and they had the right to complete it or not. Instructors were also told that the information obtained would be confidential and would be used for scientific research purposes. A brief explanation of the purposes of the questionnaire was provided and instructions were given to ensure the clarity and accuracy of the statements and also to stimulate participants to responding to it items honestly.

Later, the researcher collected the questionnaire forms during two weeks. Regarding the (35) distributed copies of the female instructors, only (31) copies were returned. As for male instructors, (67) copies of the questionnaire were distributed, but only (38) copies were returned.

# Data Analysis

After administration of the questionnaire, the collected data were statistically analyzed by using SPSS (version, 19). The following statistical methods were used:

- a. Descriptive Statistics (frequencies, percentages, means and standard deviation) were used to describe and summarize the properties of the mass of data collected from the respondents.
- b. Inferential Statistics using the Independent Samples t-test were applied to test the null hypotheses formulated for this study and to see whether the scores of male and female subjects differed in their adoption of Mobile Learning.
- c. Pearson correlation coefficient to validity the validity of internal consistency.
- d. Cronbach's alpha coefficient for reliability.

### **RESULTS AND DISCUSSION**

### **Data Analysis and Results**

This chapter presents research results, discussion, recommendations and suggestions for further research.

### The Results Concerning Demographic Information

#### Variable Answers Frequencies Section Percentages Male 38 55.1% Personal Gender Female 31 44.9% Total 69 100.0% Age 20-30 7 10.1% 31-40 39 56.5% 41-50 23.2% 16 up to 50 6 8.7% Non Respond 1 1.4% Total 69 100.0% Nationality Saudi 3 4.3% Non Saudi 48 69.6% Non respond 26.1% 18 Total 69 100.0% TEFL Professionally Specialist 38 55.1% Other 9 13.0% Non respond 22 31.9% 100.0% Total 69 Last degree of **Bachelor** 13 18.8% the 72.5% Master 50 Qualification Ph.D 5 7.2% Others 1 1.4% Total 69 100.0%

# Table 3. Frequencies and Percentages of Demographic Information

| Section   | on Variable Answers |                       | Frequencies | Percentages |  |  |
|-----------|---------------------|-----------------------|-------------|-------------|--|--|
|           | Years of experience | Less than 5<br>years  | 12          | 17.4%       |  |  |
|           | enpeneere           | From 5-10<br>years    | 20          | 29.0%       |  |  |
|           |                     | From 11-<br>15years   | 18          | 26.1%       |  |  |
|           |                     | More than 15<br>years | 14          | 20.3%       |  |  |
|           |                     | Non respond           | 5           | 7.2%        |  |  |
|           |                     | Total                 | 69          | 100.0%      |  |  |
| General   | Do you attend       | Not attend session    | 9           | 13.0%       |  |  |
| Questions | courses in          | From 1-5<br>session   | 40          | 58.0%       |  |  |
|           | technology          | From 6-10 session     | 2           | 2.9%        |  |  |
|           | into teaching       | More than 10 session  | 3           | 4.3%        |  |  |
|           |                     | Non respond           | 15          | 21.7%       |  |  |
|           |                     | Total                 | 69          | 100.0%      |  |  |
|           | My cell phone       |                       | 2           | 2.9%        |  |  |
|           | 15.                 | smart phone           | 66          | 95.7%       |  |  |
|           |                     | Non respond           | 1           | 1.4%        |  |  |
|           |                     | Total                 | 69          | 100.0%      |  |  |
|           | Type your           | Iphone                | 18          | 26.1%       |  |  |
|           | moone phone         | Galaxy                | 38          | 55.1%       |  |  |
|           |                     | Sony                  | 1           | 1.4%        |  |  |
|           |                     | Nokia                 | 2           | 2.9%        |  |  |
|           |                     | Non respond           | 10          | 14.5%       |  |  |
|           |                     | Total                 | 69          | 100.0%      |  |  |
|           | Do you have         | Yes                   | 34          | 49.3%       |  |  |
|           | tablet?             | No                    | 34          | 49.3%       |  |  |
|           |                     | Non respond           | 1           | 1.4%        |  |  |
|           |                     | Total                 | 69          | 100.0%      |  |  |

The results as presented in table (3) are the following

- 1. They are (55.1%) male instructors whereas there are (44.9%) female instructors.
- 2. The ages of most of instructors range from (31-40) which was estimated (56.5 %).
- 3. Most of them are non-Saudi (69.6%) and (26.1%) did not respond whereas only (4.3%) are Saudi instructors.
- 4. Most of them have master degree (72.5%).
- 5. (17.4%) of the participants have less than 5 years of experience, (29 %) from 5-10, (26.1%) from 11-15, and (20.3%) more than 15, whereas (7.2%) did not respond.
- 6. Of the total participants (95.7%) use smart phones,(59.4%) use android,(26.1%) use Apple, whereas (14.5%) did not respond.
- 7. Half of the instructors have tablet (49.3%) and only (1.4%) did not respond.

### The Results of Research Questions

### The Results of the First Question

To answer the first question "Do male and female instructors at the ELC in Taibah University adopt Mobile Learning technology in TEFL? The data collected from the six sub-questions were statistically examined, analyzed and discussed.

### The result of the first sub-question

To answer the first sub-question which stated that " To what extent do male and female language instructors find Mobile Learning useful for teaching EFL?" frequencies, percentages, mean and standard deviation, independent samples T- test for each statement of the first domain were calculated and illustrated in tables (4) and (5).

The obtained results from table (4, 5) are interpreted as follows:

- i. Reached the General mean of all statement (3.76) with a standard deviation (0.715), and this means that the usefulness of using Mobile Learning by EFL **male** instructors "**Frequently**".
- ii. Reached the General mean of all statement (3.50) with a standard deviation (0.527), and this means that the usefulness of using Mobile Learning by EFL **female** instructors "**Frequently**".
- iii. The highest mean score in both male and female groups was obtained by the seventh statement (*Mean* for male=4.21, *Mean* for female=4.23). Both agree totally that the most useful advantage in using Mobile Learning was that it helps them to contact easily with their students and colleagues in the field.
- iv. The least useful advantage for male in this domain was obtained by statement number (5), which stated that Mobile Learning helps them to accomplish teaching activities, where the least useful advantage for female was obtained by statement number (2), which stated that Mobile Learning allowed them to prepare more interesting activities.
- v. There were no statistically significant differences at level of significance (0.05) in the usefulness of using Mobile Learning by EFL **male and female** instructors.

| Ne | Statamont   |             | Ν           | Iale (38)   |            |           | Female (31) |             |             |            |       |  |
|----|---|-------------|-------------|-------------|------------|-----------|-------------|-------------|-------------|------------|-------|--|
| NO | Statement   | Always      | Frequently  | Sometimes   | Rarely     | Never     | Always      | Frequently  | Sometimes   | Rarely     | Never |  |
| 1  | Mobile learning provides instructors with new opportunities to teach English.                                       | 8<br>21.1%  | 14<br>36.8% | 15<br>39.5% | 1<br>2.6%  | -         | 5<br>16.1%  | 10<br>21.4% | 15<br>48.4% | 1<br>3.2%  | -     |  |
| 2  | Mobile learning allows language instructors to prepare more interesting activities.                                 | 8<br>21.1%  | 11<br>28.9% | 14<br>36.8% | 4<br>10.5% | 1<br>2.6% | 2<br>6.5%   | 7<br>22.6%  | 17<br>54.8% | 5<br>16.1% | -     |  |
| 3  | Mobile learning provides more flexibility; can be used anytime, anywhere.   | 19<br>50%   | 12<br>31.6% | 6<br>15.8%  | 1<br>2.6%  | -         | 8<br>25.8%  | 10<br>32.3% | 12<br>38.7% | 1<br>3.2%  | -     |  |
| 4  | Mobile learning can enhance the productivity of language instructors in class.                                      | 7<br>18.4%  | 16<br>42.1% | 10<br>26.3% | 4<br>10.5% | -         | 2<br>6.5%   | 8<br>25.8%  | 17<br>54.8% | 4<br>12.9% | -     |  |
| 5  | Using mobile learning helps language instructors to accomplish teaching activities more quickly.                    | 6<br>15.8%  | 10<br>26.3% | 18<br>47.4% | 3<br>7.9%  | 1<br>2.6% | 2<br>6.5%   | 7<br>22.6%  | 18<br>58.1% | 4<br>12.9% | -     |  |
| 6  | Mobile learning can enhance language instructors to develop themselves professionally.                              | 5<br>13.2%  | 9<br>23.7%  | 19<br>50%   | 3<br>7.9%  | 1<br>2.6% | 1<br>3.2%   | 10<br>32.3% | 15<br>48.4% | 5<br>16.1% | -     |  |
| 7  | Using mobile learning helps language<br>instructors to contact easily with students<br>and colleagues in the field. | 18<br>47.4% | 12<br>31.6% | 7<br>18.4%  | -          | 1<br>2.6% | 14<br>45.2% | 11<br>35.5% | 5<br>16.1%  | 1<br>3.2%  | -     |  |

# Table 4. Frequencies and percentages for each statement in first domain

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|    |   |      | Ma                    | le             |      | Fem                   | ale            | Comparison |         |
|----|---|------|-----------------------|----------------|------|-----------------------|----------------|------------|---------|
| No | Statement   | Mean | Standard<br>Deviation | Interpretation | Mean | Standard<br>Deviation | Interpretation | T-test     | P-value |
| 1  | Mobile learning provides instructors with new opportunities to teach English.                                       | 3.76 | .820                  | Frequently     | 3.58 | .886                  | Frequently     | .887       | .378    |
| 2  | Mobile learning allows language instructors to prepare more interesting activities.                                 | 3.55 | 1.032                 | Frequently     | 3.19 | .792                  | Sometimes      | 1.591      | .116    |
| 3  | Mobile learning provides more<br>flexibility; can be used anytime,<br>anywhere.                                     | 4.29 | .835                  | Always         | 3.81 | .873                  | Frequently     | 2.342*     | .022    |
| 4  | Mobile learning can enhance the productivity of language instructors in class.                                      | 3.70 | .909                  | Frequently     | 3.26 | .773                  | Sometimes      | 2.149*     | .035    |
| 5  | Using mobile learning helps language<br>instructors to accomplish teaching<br>activities more quickly.              | 3.45 | .950                  | Frequently     | 3.23 | .762                  | Sometimes      | 1.051      | .297    |
| 6  | Mobile learning can enhance language<br>instructors to develop themselves<br>professionally.                        | 3.38 | .924                  | Sometimes      | 3.23 | .762                  | Sometimes      | .734       | .466    |
| 7  | Using mobile learning helps language<br>instructors to contact easily with students<br>and colleagues in the field. | 4.21 | .935                  | Always         | 4.23 | .845                  | Always         | 070        | .944    |
|    | The General mean  | 3.76 | .715                  | Frequently     | 3.50 | .527                  | Frequently     | 1.687      | .096    |

# Table 5. Means and standard deviation, independent samples T- test for each statement in first domain

Note: (\*) means significant at level of significance (0.05) between male and female.

### The Second Sub-Question

To answer the second sub-question which stated that "To what extent do EFL male and instructors find that Mobile Learning easy to use?", frequencies, percentages, means, standard deviations, and independent samples T- test for each statement of the second domain were calculated and illustrated in tables (6) and (7).

### Table 6. Frequencies and percentages for each statement in second domain

|    |  | Male       |             |             |             |             |            | Female      |             |             |            |  |
|----|--|------------|-------------|-------------|-------------|-------------|------------|-------------|-------------|-------------|------------|--|
| No | Statement  | Always     | Frequently  | Sometimes   | Rarely      | Never       | Always     | Frequently  | Sometimes   | Rarely      | Never      |  |
| 8  | It is easy for me to use various features and apps in mobile devices.                              | 19<br>50%  | 13<br>34.2% | 5<br>13.2%  | 1<br>2.6%   | -           | 8<br>25.8% | 12<br>38.7% | 8<br>25.8%  | 3<br>9.7%   | -          |  |
| 9  | I need the assistance of an<br>experienced person before using<br>mobile feature or apps in class. | 2<br>5.3%  | 1<br>2.6%   | 15<br>39.5% | 8<br>21.1%  | 12<br>31.6% | -          | 7<br>22.6%  | 7<br>22.6%  | 11<br>35.5% | 6<br>19.4% |  |
| 10 | I face difficulties in using mobile devices in teaching.   | 1<br>2.6%  | 2<br>5.3%   | 8<br>21.1%  | 17<br>44.7% | 9<br>23.7%  | 1<br>3.2%  | 4<br>12.9%  | 14<br>45.2% | 6<br>19.4%  | 5<br>16.1% |  |
| 11 | I can deal with hardware components of mobile devices.   | 5<br>13.2% | 10<br>26.3% | 8<br>21.1%  | 10<br>26.3% | 5<br>13.2%  | 2<br>6.4%  | 10<br>32.2% | 7<br>22.6%  | 5<br>16.1%  | 7<br>22.6% |  |
| 12 | I can deal with software components of mobile devices.   | 9<br>23.7% | 16<br>42.1% | 8<br>21.1%  | 3<br>7.9%   | 2<br>5.3%   | 3<br>9.7%  | 11<br>35.5% | 9<br>29%    | 5<br>16.1%  | 3<br>9.7%  |  |
| 13 | I can fix common mobile technical problems if I face any.  | 5<br>13.2% | 12<br>31.6% | 11<br>28.9% | 7<br>18.4%  | 3<br>7.9%   | 3<br>9.7%  | 5<br>16.1%  | 9<br>29%    | 8<br>25.8%  | 6<br>19.4% |  |

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| Table 7. Means, standard deviations and independent samples T- test for each of the statement |  |
|---|--|
| in second domain  |  |

| No | Statement   |      | M           | ale            | Female |             |                | Comparison  |         |  |
|----|---|------|-------------|----------------|--------|-------------|----------------|-------------|---------|--|
|    |   | Mean | Std.<br>Dev | Interpretation | Mean   | Std.<br>Dev | Interpretation | T-Test      | P-Value |  |
| 8  | It is easy for me to use<br>various features and apps in<br>mobile devices.                           | 4.30 | .812        | Always         | 3.81   | .946        | Frequently     | 2.303*      | .024    |  |
| 9  | I need the assistance of an<br>experienced person before<br>using mobile feature or apps<br>in class. | 2.29 | 1.113       | Rarely         | 2.48   | 1.061       | Rarely         | 737         | .464    |  |
| 10 | I face difficulties in using mobile devices in teaching.  | 2.16 | .958        | Rarely         | 2.67   | 1.028       | Sometimes      | -<br>2.074* | .042    |  |
| 11 | I can deal with hardware components of mobile devices.  | 3.00 | 1.273       | Sometimes      | 2.77   | 1.251       | Sometimes      | .756        | .452    |  |
| 12 | I can deal with software components of mobile devices.  | 3.71 | 1.088       | Frequently     | 3.13   | 1.106       | Sometimes      | 2.156*      | .035    |  |
| 13 | I can fix common mobile technical problems if I face any.   | 3.24 | 1.149       | Sometimes      | 2.55   | 1.121       | Sometimes      | 2.444*      | .017    |  |
|    | The General mean  | 3.12 | .496        | Sometimes      | 2.91   | .626        | Sometimes      | 1.520       | .133    |  |

Note (\*) means significant at level of significance (0.05) between male and female.

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The obtained results from table (6, 7) are interpreted as follows:

- i. Reached the General mean of all statement (3.12) with a standard deviation (0.496), and this means that the extent do the EFL male instructors will see that Mobile Learning easy to use " **Sometimes** ".
- ii. Reached the General mean of all statement (2.91) with a standard deviation (0.626), and this means that the extent do the EFL female instructors will see that Mobile Learning easy to use " **Sometimes''**.
- iii. The highest mean score in both male and female groups was obtained by the eighth statement (*Mean* for male=4.30, *Mean* for female=3.81). Both agree totally that it is easy for them to use various features and apps in mobile devices. There were statistically significant differences at level of significance (0.05) between male and female in favor of male group. Using various features was easier for male than female.
- iv. There were statistically significant differences at level of significance (0.05) between male and female in favor of male group regarding the statement number (7), Males rarely face difficulties with hardware components of devices, while females sometimes face difficulties.
- v. There were statistically significant differences at level of significance (0.05) between male and female in favor of male group regarding the statement number (13), It was easier for male to fix technical problems if they face than females.
- vi. There were no statistically significant differences at level of significance (0.05) between **male and female** instructors in the easy to use domain.

### The Third Sub-Question

To answer the third sub-question which stated that "To what extent do EFL male and female instructors adopt Mobile Learning in teaching language skills?", frequencies, percentages, means, standard deviations and independent samples T- test for each statement of the third domain were calculated and illustrated in tables (8) and (9).

The obtained results from table (8, 9) are interpreted as follows:

- i. Reached the General mean of all statement (2.50) with a standard deviation (0.784), and this means that the extent do the EFL **male** instructors adopt Mobile Learning in teaching language skills "**Rarely**".
- ii. Reached the General mean of all statement (3.43) with a standard deviation (0.731), and this means that the extent do the EFL **female** instructors adopt Mobile Learning in teaching language skills " **Rarely''**.
- iii. Both male and female instructors sometimes adopted Mobile Learning in the teaching of vocabulary and pronunciation, and they rarely adopted it in the teaching of listening, speaking, reading, writing or grammar.
- iv. There were no statistically significant differences at level of significance (0.05) between EFL **male and female** instructors regarding Mobile Learning adoption in teaching language skills and aspects.

|    |  | Male      |             |             |             |             |           | Female     |             |            |             |  |
|----|--|-----------|-------------|-------------|-------------|-------------|-----------|------------|-------------|------------|-------------|--|
| No | Statement  | Always    | Frequently  | Sometimes   | Rarely      | Never       | Always    | Frequently | Sometimes   | Rarely     | Never       |  |
| 14 | I use mobile learning in teaching the listening skill. | 2<br>5.3% | 7<br>18.4%  | 11<br>28.9% | 7<br>18.4%  | 11<br>28.9% | 2<br>6.5% | 4<br>12.9% | 11<br>35.5% | 3<br>9.7%  | 11<br>35.5% |  |
| 15 | I use mobile learning in teaching the speaking skill.  | -         | 8<br>21.1%  | 10<br>26.3% | 11<br>28.9% | 9<br>23.7%  | 2<br>6.5% | 4<br>12.9% | 8<br>25.8%  | 8<br>25.8% | 9<br>29%    |  |
| 16 | I use mobile learning in teaching the reading skill.   | -         | 8<br>21.1%  | 10<br>26.3% | 10<br>26.3% | 10<br>26.3% | -         | 2<br>6.5%  | 11<br>35.5% | 6<br>19.4% | 12<br>38.7% |  |
| 17 | I use mobile learning in teaching the writing skill.   | -         | 7<br>18.4%  | 6<br>15.8%  | 11<br>28.9% | 14<br>36.8% | -         | 3<br>9.7%  | 11<br>35.5% | 8<br>25.8% | 9<br>29%    |  |
| 18 | I use mobile learning in teaching grammar.             | -         | 6<br>15.8%  | 7<br>18.4%  | 14<br>36.8% | 11<br>28.9% | -         | 2<br>6.5%  | 9<br>29%    | 9<br>29%   | 10<br>32.3% |  |
| 19 | I use mobile learning in teaching vocabulary.          | 2<br>5.3% | 13<br>34.2% | 11<br>28.9% | 7<br>18.4%  | 5<br>13.2%  | 3<br>9.7% | 8<br>25.8% | 9<br>29%    | 6<br>19.4% | 5<br>16.1%  |  |
| 20 | I use mobile learning in teaching pronunciation.       | 1<br>2.6% | 12<br>31.6% | 10<br>26.3% | 8<br>21.1%  | 6<br>15.8%  | 2<br>6.5% | 7<br>22.6% | 8<br>25.8%  | 9<br>29%   | 5<br>16.1%  |  |

# Table 8. Frequencies and percentages for each statement in third domain

|    |  |      | Ма                    | le             |      | Fem                   | Comparison     |        |         |
|----|--|------|-----------------------|----------------|------|-----------------------|----------------|--------|---------|
| No | Statement  | Mean | Standard<br>Deviation | Interpretation | Mean | Standard<br>Deviation | Interpretation | T-test | P-value |
| 14 | I use mobile learning in teaching the listening skill. | 2.53 | 1.246                 | Rarely         | 2.45 | 1.287                 | Rarely         | .244   | .808    |
| 15 | I use mobile learning in teaching the speaking skill.  | 2.45 | 1.083                 | Rarely         | 2.42 | 1.232                 | Rarely         | .100   | .920    |
| 16 | I use mobile learning in teaching the reading skill.   | 2.42 | 1.106                 | Rarely         | 2.10 | 1.012                 | Rarely         | 1.258  | .213    |
| 17 | I use mobile learning in teaching the writing skill.   | 2.16 | 1.128                 | Rarely         | 2.26 | .999                  | Rarely         | 386    | .701    |
| 18 | I use mobile learning in teaching grammar.             | 2.11 | .979                  | Rarely         | 2.10 | .960                  | Rarely         | .046   | .963    |
| 19 | I use mobile learning in teaching vocabulary.          | 3.00 | 1.139                 | Sometimes      | 2.94 | 1.237                 | Sometimes      | .225   | .823    |
| 20 | I use mobile learning in teaching pronunciation.       | 2.84 | 1.143                 | Sometimes      | 2.74 | 1.182                 | Sometimes      | .339   | .735    |
|    | The General Mean                                       | 2.50 | .784                  | Rarely         | 2.43 | .731                  | Rarely         | .354   | .724    |

# Table 9. Means, standard deviations, and independent samples T- test for each statement in third domain

### The Fourth Sub-Question

To answer the fourth sub-question which stated that "What are the types of teaching practices do EFL male and female instructors use?, frequencies, percentages, means, standard deviations and independent samples T- test for each statement of the fourth domain were calculated and illustrated in tables (10) and (11).

|    | -  |             |             | Male        |            |            | Female      |            |             |            |            |  |
|----|--|-------------|-------------|-------------|------------|------------|-------------|------------|-------------|------------|------------|--|
| No | Statement  | Always      | Frequently  | Sometimes   | Rarely     | Never      | Always      | Frequently | Sometimes   | Rarely     | Never      |  |
| 21 | I use mobile devices to send course assignments to my students.  | 9<br>23.7%  | 14<br>36.8% | 10<br>26.3% | 3<br>7.9%  | 2<br>5.3%  | 11<br>35.5% | 5<br>16.1% | 6<br>19.4%  | 5<br>16.1% | 4<br>12.9% |  |
| 22 | I use mobile learning to share<br>educational content with my<br>students.                             | 12<br>31.6% | 5<br>13.2%  | 13<br>34.2% | 6<br>15.8% | 2<br>5.3%  | 9<br>29%    | 9<br>29%   | 5<br>16.1%  | 5<br>16.1% | 3<br>9.7%  |  |
| 23 | I use mobile devices to discuss<br>some ideas and concepts with my<br>students.                        | 7<br>18.4%  | 5<br>13.2%  | 17<br>44.7% | 5<br>13.2% | 4<br>10.5% | 4<br>12.9%  | 5<br>16.1% | 9<br>29%    | 6<br>19.4% | 7<br>22.6% |  |
| 24 | I use mobile devices to inform them about course alerts.   | 14<br>36.8% | 14<br>36.8% | 9<br>23.7%  | -          | 1<br>2.6%  | 17<br>54.8% | 4<br>12.9% | 5<br>16.1%  | 2<br>6.5%  | 3<br>9.7%  |  |
| 25 | I use mobile devices to send or receive emails from my students.                                       | 17<br>44.7% | 12<br>31.6% | 3<br>7.9%   | 3<br>7.9%  | 3<br>7.9%  | 11<br>35.5% | 9<br>29%   | 4<br>12.9%  | 3<br>9.7%  | 4<br>12.9% |  |
| 26 | I use mobile devices to send course files or documents.  | 17<br>44.7% | 7<br>18.4%  | 8<br>21.1%  | 4<br>10.5% | 2<br>5.3%  | 10<br>32.3% | 8<br>25.8% | 7<br>22.6%  | 4<br>12.9% | 2<br>6.5%  |  |
| 27 | I use mobile devices to save course files in cloud storage like dropbox.                               | 9<br>23.7%  | 6<br>15.8%  | 8<br>21.1%  | 6<br>15.8% | 9<br>23.7% | 5<br>16.1%  | 7<br>22.6% | 6<br>19.4%  | 7<br>22.6% | 6<br>19.4% |  |
| 28 | I use mobile devices to ask<br>questions and receive students'<br>answers.                             | 7<br>18.4%  | 8<br>21.1%  | 13<br>34.2% | 5<br>13.2% | 5<br>13.2% | 7<br>22.6%  | 7<br>22.6% | 7<br>22.6%  | 4<br>12.9% | 6<br>19.4% |  |
| 29 | I use mobile devices to provide my students with feedback on their assignments.                        | 4<br>10.5%  | 3<br>7.9%   | 13<br>34.2% | 9<br>23.7% | 9<br>23.7% | 4<br>12.9%  | 5<br>16.1% | 10<br>32.3% | 5<br>16.1% | 7<br>22.6% |  |
| 30 | I use mobile devices to encourage<br>students work collaboratively<br>through using some applications. | 6<br>15.8%  | 6<br>15.8%  | 12<br>31.8% | 8<br>21.1% | 6<br>15.8% | 3<br>9.7%   | 3<br>9.7%  | 9<br>29%    | 9<br>29%   | 7<br>22.6% |  |
| 31 | I use mobile devices to fulfill some administrative class work.  | 8<br>21.1%  | 6<br>15.8%  | 16<br>42.1% | 6<br>15.8% | 2<br>5.3%  | 4<br>12.9%  | 6<br>19.4% | 9<br>29%    | 8<br>25.8% | 4<br>12.9% |  |

# Table 10. Frequencies and percentages for each statement in fourth domain

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# Table 11. means, standard deviation, and independent samples T- test for each of the statement in fourth domain

|    |  |      | Male                  | 2              |      | Fema                  | Comparison     |            |             |
|----|--|------|-----------------------|----------------|------|-----------------------|----------------|------------|-------------|
| No | Statement  | Mean | Standard<br>Deviation | Interpretation | Mean | Standard<br>Deviation | Interpretation | T-<br>test | P-<br>value |
| 21 | I use mobile devices to send course assignments to my students.  | 3.66 | 1.097                 | Frequently     | 3.45 | 1.457                 | Frequently     | .671       | .505        |
| 22 | I use mobile learning to share educational content with my students.                                   | 3.50 | 1.247                 | Frequently     | 3.52 | 1.338                 | Frequently     | 052        | .959        |
| 23 | I use mobile devices to discuss some ideas and concepts with my students.                              | 3.16 | 1.197                 | Sometimes      | 2.77 | 1.334                 | Sometimes      | 1.258      | .213        |
| 24 | I use mobile devices to inform them about course alerts.   | 4.05 | .928                  | Frequently     | 3.97 | 1.378                 | Frequently     | .305       | .762        |
| 25 | I use mobile devices to send or receive emails from my students.                                       | 4.03 | 1.236                 | Frequently     | 3.65 | 1.404                 | Frequently     | 1.193      | .237        |
| 26 | I use mobile devices to send course files or documents.  | 3.87 | 1.256                 | Frequently     | 3.65 | 1.253                 | Frequently     | .735       | .465        |
| 27 | I use mobile devices to save course files in cloud storage like dropbox.                               | 2.95 | 1.490                 | Sometimes      | 2.94 | 1.389                 | Sometimes      | .030       | .976        |
| 28 | I use mobile devices to ask questions and receive students' answers.                                   | 3.18 | 1.270                 | Sometimes      | 3.16 | 1.440                 | Sometimes      | .070       | .944        |
| 29 | I use mobile devices to provide my students with feedback on their assignments.                        | 2.58 | 1.244                 | Sometimes      | 2.81 | 1.327                 | Sometimes      | 733        | .466        |
| 30 | I use mobile devices to encourage students<br>work collaboratively through using some<br>applications. | 2.95 | 1.293                 | Sometimes      | 2.55 | 1.234                 | Sometimes      | 1.301      | .198        |
| 31 | I use mobile devices to fulfill some administrative class work.  | 3.32 | 1.141                 | Sometimes      | 2.94 | 1.237                 | Sometimes      | 1.326      | .189        |
|    | The General Mean   | 3.38 | .918                  | Sometimes      | 3.23 | .936                  | Sometimes      | .748       | .457        |

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137

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The obtained results from table (10, 11) are interpreted as follows:

- i. Reached the General mean of all statement (3.38) with a standard deviation (0.918), and this means that the EFL **male** instructors used types teaching practices of Mobile Learning" **Sometimes** ".in this domain.
- ii. Reached the General mean of all statement (3.23) with a standard deviation (0.936), and this means that the EFL **female** used types teaching practices of Mobile Learning" **Sometimes** ".in this domain.
- iii. The types of practices that obtained the highest means among male instructors were:
   1) using mobile devices to inform students about course alerts, 2) sending and receiving emails, and 3) sending and receiving course files and documents, whereas the least used type of practices was using mobile devices to provide students with feedback on course assignments.
- iv. The types of practices that obtained the highest means among female instructors were:1) using mobile devices to inform students about course alerts, 2)sending and receiving course files and documents, and 3) sharing educational content with their students, whereas the least used type of practices was using devices to encourage collaboration among students.
- v. There were no statistically significant differences at level of significance (0.05) between EFL **male and female** instructors in types of teaching practices domain.

### The Fifth Sub-Question

To answer the fourth sub-question which stated that "What are the mobile features and apps do EFL male and female instructors use?, frequencies, percentages, means, standard deviations and independent samples T- test for each statement of the fifth domain were calculated and illustrated in tables (12) and (13).

The obtained results from table (12, 13) are interpreted as follows:

- i. Reached the General mean of all statement (3.05) with a standard deviation (0.919), and this indicated that the all features and apps of Mobile Learning in this domain were used by EFL **male** instructors "**Sometimes**".
- ii. Reached the General mean of all statement (2.81) with a standard deviation (0.734), and this indicated that the all features and apps of Mobile Learning in this domain were used by EFL **female** instructors "**Sometimes**".
- iii. The most common features and apps used by male instructors were: 1) Whatsapp, 2) apps facilitating learning English, and 3) text messaging. They rarely encouraged their students to use the "Note" feature and never used Bluetooth feature.
- iv. The most common features and apps used by female instructors were: 1) What's app,2), web browser apps, and 3) apps facilitating learning English. They rarely encouraged their students to post to the social media apps and never used Bluetooth feature.
- v. There are no statistically significant differences at level of significance (0.05) between EFL **male and female** instructors in the use offeatures and apps of Mobile Learning in this domain.

|    |  |             |             | Male        |             |             |             | Female     |             |            |             |  |
|----|--|-------------|-------------|-------------|-------------|-------------|-------------|------------|-------------|------------|-------------|--|
| No | Statement  | Always      | Frequently  | Sometimes   | Rarely      | Never       | Always      | Frequently | Sometimes   | Rarely     | Never       |  |
| 32 | I encourage my students to use the "Notes" feature to take notes.  | 1<br>2.6%   | 3<br>7.9%   | 10<br>26.3% | 13<br>34.2% | 11<br>28.9% | 3<br>9.7%   | 2<br>6.5%  | 4<br>12.9%  | 8<br>25.8% | 14<br>45.2% |  |
| 33 | I encourage my students to use the "camera" feature to take picture or videos related to the course.                             | 5<br>13.2%  | 7<br>18.4%  | 12<br>31.6% | 7<br>18.4%  | 7<br>18.4%  | 3<br>9.7%   | 9<br>29%   | 6<br>19.4%  | 6<br>19.4% | 7<br>22.6%  |  |
| 34 | I encourage my students to use the "text<br>messaging" feature to contact with others in<br>English.                             | 8<br>21.1%  | 10<br>26.3% | 11<br>28.9% | 7<br>18.4%  | 2<br>5.3%   | 8<br>25.8%  | 4<br>12.9% | 7<br>22.6%  | 4<br>12.9% | 8<br>25.8%  |  |
| 35 | I encourage my students to use the "Bluetooth"<br>feature for sending and receiving documents in<br>case of low internet access. | 3<br>7.9%   | 3<br>7.9%   | 10<br>26.3% | 8<br>21.1%  | 14<br>36.8% | 1<br>3.2%   | 1<br>3.2%  | 4<br>12.9%  | 5<br>16.1% | 20<br>64.5% |  |
| 36 | I encourage my students to use the "whatsapp"<br>to keep in contact with me.   | 19<br>50%   | 11<br>28.9% | 4<br>10.5%  | -           | 4<br>10.5%  | 15<br>48.4% | 5<br>16.1% | 4<br>12.9%  | 3<br>9.7%  | 4<br>12.9%  |  |
| 37 | I encourage my students to download some apps that facilitate learning English.  | 10<br>26.3% | 11<br>28.9% | 12<br>31.6% | 2<br>5.3%   | 3<br>7.9%   | 5<br>16.1%  | 7<br>22.6% | 12<br>38.7% | 5<br>16.1% | 2<br>6.5%   |  |
| 38 | I encourage my students to download some educational apps to view course content.  | 10<br>26.3% | 6<br>15.8%  | 13<br>34.2% | 5<br>13.2%  | 4<br>10.5%  | 4<br>12.9%  | 8<br>25.8% | 9<br>29%    | 5<br>16.1% | 5<br>16.1%  |  |
| 39 | I encourage my students to post status updates<br>to social apps (like Facebook and Twitter) to<br>contact with native speakers. | 5<br>13.2%  | 4<br>10.5%  | 7<br>18.4%  | 9<br>23.7%  | 13<br>34.2% | 2<br>6.5%   | 3<br>9.7%  | 8<br>25.8%  | 4<br>12.9% | 14<br>45.2% |  |
| 40 | I encourage my students to search course<br>information through using some browser apps<br>like google and chrome.               | 10<br>26.3% | 6<br>15.8%  | 14<br>36.8% | 3<br>7.9%   | 5<br>13.2%  | 9<br>29%    | 4<br>12.9% | 14<br>45.2% | 3<br>9.7%  | 1<br>3.2%   |  |
| 41 | I encourage my students to upload or download course videos from "YouTube" app.  | 4<br>10.5%  | 10<br>26.3% | 8<br>21.1%  | 8<br>21.1%  | 7<br>18.4%  | 4<br>12.9%  | 4<br>12.9% | 9<br>29%    | 6<br>19.4% | 8<br>25.8%  |  |

# Table 12. Frequencies and percentages for each statement in fifth domain

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139

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# Table 13. Means, standard deviation, and independent samples T- test for each of the statement in fifth domain

|    |  |      | Male                  | 2              |      | Female                |                |        | Comparison  |  |
|----|--|------|-----------------------|----------------|------|-----------------------|----------------|--------|-------------|--|
| No | Statement  | Mean | Standard<br>Deviation | Interpretation | Mean | Standard<br>Deviation | Interpretation | T-test | P-<br>value |  |
| 32 | I encourage my students to use the "Notes" feature to take notes.  | 2.21 | 1.044                 | Rarely         | 2.10 | 1.326                 | Rarely         | .399   | .691        |  |
| 33 | I encourage my students to use the "camera" feature to take picture or videos related to the course.                             | 2.89 | 1.290                 | Sometimes      | 2.84 | 1.344                 | Sometimes      | .176   | .861        |  |
| 34 | I encourage my students to use the "text messaging" feature to contact with others in English.                                   | 3.39 | 1.175                 | Sometimes      | 3.00 | 1.549                 | Sometimes      | 1.203  | .233        |  |
| 35 | I encourage my students to use the "Bluetooth" feature<br>for sending and receiving documents in case of low<br>internet access. | 2.29 | 1.271                 | Rarely         | 1.65 | 1.050                 | Never          | 2.261* | .027        |  |
| 36 | I encourage my students to use the "whatsapp" to keep in contact with me.  | 4.08 | 1.260                 | Frequently     | 3.90 | 1.448                 | Frequently     | .550   | .584        |  |
| 37 | I encourage my students to download some apps that facilitate learning English.  | 3.61 | 1.175                 | Frequently     | 3.26 | 1.125                 | Sometimes      | 1.245  | .218        |  |
| 38 | I encourage my students to download some educational apps to view course content.  | 3.30 | 1.288                 | Sometimes      | 3.10 | 1.291                 | Sometimes      | .606   | .547        |  |
| 39 | I encourage my students to post status updates to<br>social apps (like Facebook and Twitter) to contact<br>with native speakers. | 2.45 | 1.408                 | Rarely         | 2.19 | 1.302                 | Rarely         | .770   | .444        |  |
| 40 | I encourage my students to search course information<br>through using some browser apps like google and<br>chrome.               | 3.34 | 1.321                 | Sometimes      | 3.55 | 1.121                 | Frequently     | 690    | .493        |  |
| 41 | I encourage my students to upload or download course videos from "YouTube" app.  | 2.89 | 1.308                 | Sometimes      | 2.68 | 1.351                 | Sometimes      | .663   | .509        |  |
|    | The General Mean   | 3.05 | .919                  | Sometimes      | 2.81 | .734                  | Sometimes      | 1.165  | .248        |  |

Note (\*) means significant at level of significance (0.05) between male and female.

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### The Sixth Sub-Question

To answer the fourth sub-question which stated that "What are the adoption challenges do EFL male and female instructors face?, frequencies, percentages, means, standard deviations and independent samples T- test for each statement of the sixth domain were calculated and illustrated in tables (14) and (15).

### Table 14. Frequencies and percentages for each statement in sixth domain

|    |   | Male       |            |             |             |             | Female     |            |             |            |            |
|----|---|------------|------------|-------------|-------------|-------------|------------|------------|-------------|------------|------------|
| No | Statement   | Always     | Frequently | Sometimes   | Rarely      | Never       | Always     | Frequently | Sometimes   | Rarely     | Never      |
| 42 | Using different mobile features and apps requires time and effort.                    | 4<br>10.5% | 6<br>15.8% | 21<br>55.3% | 2<br>5.3%   | 5<br>13.2%  | 3<br>9.7%  | 6<br>19.4% | 14<br>45.2% | 6<br>19.4% | 2<br>6.5%  |
| 43 | It is difficult for me to use mobile learning because my classrooms are inaccessible. | 4<br>10.5% | 5<br>13.2% | 12<br>31.6% | 10<br>26.3% | 7<br>18.4%  | 7<br>22.6% | 6<br>19.4% | 13<br>41.9% | 1<br>3.2%  | 4<br>12.9% |
| 44 | It is difficult for me to use mobile learning due to high cost mobile fees.           | 1<br>2.6%  | 3<br>7.9%  | 6<br>15.8%  | 14<br>36.8% | 14<br>36.8% | 4<br>12.9% | 4<br>12.9% | 11<br>35.5% | 6<br>19.4% | 6<br>19.4% |
| 45 | It is difficult for me to use mobile learning because of lack of technical support.   | 4<br>10.5% | 6<br>15.8% | 10<br>26.3% | 7<br>18.4%  | 11<br>28.9% | 7<br>22.6% | 6<br>19.4% | 9<br>29%    | 5<br>16.1% | 4<br>12.9% |
| 46 | I avoid using mobile learning because it is difficult to get what I want.             | 2<br>5.3%  | 1<br>2.6%  | 14<br>36.8% | 8<br>21.1%  | 13<br>34.2% | 2<br>6.5%  | 6<br>19.4% | 8<br>25.8%  | 7<br>22.6% | 8<br>25.8% |

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|-------------|------|----------|---------------|

|    |   |      | Ма                    | le             |      | Fem                   | Comparison     |         |         |
|----|---|------|-----------------------|----------------|------|-----------------------|----------------|---------|---------|
| No | Statement   | Mean | Standard<br>Deviation | Interpretation | Mean | Standard<br>Deviation | Interpretation | T-test  | P-value |
|    | Using different mobile features and apps  |      |                       |                |      |                       |                |         | .963    |
| 42 | requires time and effort.   | 3.05 | 1.089                 | Sometimes      | 3.06 | 1.031                 | Sometimes      | 046     |         |
| 43 | It is difficult for me to use mobile<br>learning because my classrooms are<br>inaccessible. | 2.65 | 1.184                 | Sometimes      | 3.35 | 1.253                 | Sometimes      | -2.386* | .020    |
| 44 | It is difficult for me to use mobile<br>learning because of lack of technical<br>support.   | 2.54 | 1.304                 | Rarely         | 3.23 | 1.334                 | Sometimes      | -2.136* | .036    |
| 45 | I avoid using mobile learning because it<br>is difficult to get what I want.                | 2.24 | 1.125                 | Rarely         | 2.58 | 1.259                 | Rarely         | -1.197  | .236    |
| 46 | It is difficult for me to use mobile learning due to high cost mobile fees.                 | 2.03 | 1.052                 | Rarely         | 2.81 | 1.276                 | Sometimes      | -2.784* | .007    |
|    | The General mean  | 2.50 | .852                  | Rarely         | 3.01 | .930                  | Sometimes      | -2.351* | .022    |

# Table 15. Means standard deviations, and independent samples T- test for each statement in sixth domain

Note (\*) means significant at level of significance (0.05) between male and female.

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The obtained results from tables (14, 15) are interpreted as follows:

- i. Reached the General mean of all statement (2.50) with a standard deviation (0.852), and this means EFL **male** instructors "**Rarely**" face challenges in Mobile Learning adoption.
- ii. Reached the General mean of all statement (3.01) with a standard deviation (0.930) , and this means EFL **female** instructors "**sometimes**" face challenges in Mobile Learning adoption.
- iii. There were statistically significant differences at level of significance (0.05) between EFL **male and female** instructors in favor of female instructors regarding classroom inaccessibility, lack of technical support and high costs of mobile fees. Female instructors might not adopt Mobile Learning if they face such challenges.
- iv. There were statistically significant differences at level of significance (0.05) between EFL **male and female** instructors in favor of female regarding the challenges of Mobile Learning adoption. Adoption challenges were more serious obstacles that might hinder adoption for female instructors.

### The Results of the Second Question

To answer the second main question which stated that "What are differences according to gender in terms of adopting Mobile Learning at the ELC in Taibah University?", and to examine the first null hypothesis which postulated that there would be no statistically significant differences in the average score of Mobile Learning adoption between male and female instructors toward using Mobile Learning technology at ELC in Taibah University according to gender variable, Independent sample t. test was run and the obtained results are illustrated in table (16).

|    |                                      |      | Ма                    | ıle            |      | Fem                   | ale            | Comparison  |         |
|----|--------------------------------------|------|-----------------------|----------------|------|-----------------------|----------------|-------------|---------|
| No | Domain                               | Mean | Standard<br>deviation | Interpretation | Mean | Standard<br>deviation | Interpretation | T-test      | P-value |
| 1  | Usefulness                           | 3.76 | .715                  | Frequently     | 3.50 | .527                  | Frequently     | 1.687       | .096    |
| 2  | Ease of use                          | 3.12 | .496                  | Sometimes      | 2.91 | .626                  | Sometimes      | 1.520       | .133    |
| 3  | Adoption in teaching language skills | 2.50 | .784                  | Rarely         | 2.43 | .731                  | Rarely         | .354        | .724    |
| 4  | Types of teaching practices          | 3.38 | .918                  | Sometimes      | 3.22 | .936                  | Sometimes      | .748        | .457    |
| 5  | Features and apps adoption           | 3.05 | .919                  | Sometimes      | 2.81 | .734                  | Sometimes      | 1.165       | .248    |
| 6  | Adoption challenges                  | 2.50 | .852                  | Rarely         | 3.01 | .930                  | Sometimes      | -<br>2.351* | .022    |
|    | All axes (Complete<br>Questionnaire) | 3.11 | .528                  | Sometimes      | 2.99 | .378                  | Sometimes      | 1.031       | .306    |

Table 16. Means, standard deviation, and independent samples T- test for each domain

Note (\*) means significant at level of significance (0.05) between male and female

The obtained results from table (16) are interpreted as follows:

- i. Reached the general mean of all **domains** (3.11) with a standard deviation (0.528), and this means that the adoption of Mobile Learning by **male** instructors at ELC in Taibah University **"Sometimes"**.
- ii. Reached the General mean of all **domains** ( (2.99) with a standard deviation (0.378) , and this means that the adoption of Mobile Learning by **female** instructors at ELC in Taibah University "**Sometimes**".
- iii. There were no statistically significant differences at level of significance (0.05) between EFL **male and female** instructors in the adoption of Mobile Learning technology at ELC in Taibah University. As a result, the first null hypothesis was accepted.
- iv. There were statistically significant differences at level of significance (0.05) between EFL **male and female** instructors in favor of female instructors which indicated that challenges might affect the adoption level of female instructors.

### The Results of the Third Question

To answer the third main question which stated that "What are differences according to age variable in terms of adopting Mobile Learning at the ELC in Taibah University?, and to examine the second null hypothesis which postulated that there would be no statistically significant differences in the average score of Mobile Learning adoption between male and female instructors toward using Mobile Learning technology at ELC in Taibah University according to age variable", One-Way ANOVA was run and the obtained results are illustrated in table (17). The obtained results are interpreted as follows: There were no statistically significant differences at level of significance (0.05) in all domains of the questionnaire between **male and female** instructors in the adoption of Mobile Learning technology at ELC in Taibah University regarding to the age variable. As a result, the second null hypothesis was accepted.

| Variable | Axis   | Sum of<br>Squares | df | Mean<br>Square | F     | P-Value<br>(Sig.) |
|----------|--------|-------------------|----|----------------|-------|-------------------|
| Age      | First  | 2.439             | 3  | .813           | 2.006 | .122              |
|          |        | 25.932            | 64 | .405           |       |                   |
|          |        | 28.370            | 67 |                |       |                   |
|          | Second | .229              | 3  | .076           | .233  | .873              |
|          |        | 20.957            | 64 | .327           |       |                   |
|          |        | 21.185            | 67 |                |       |                   |
|          | Third  | .629              | 3  | .210           | .370  | .775              |
|          |        | 36.242            | 64 | .566           |       |                   |
|          |        | 36.871            | 67 |                |       |                   |
|          | Fourth | 1.149             | 3  | .383           | .433  | .730              |
|          |        | 56.634            | 64 | .885           |       |                   |

Table 17. The results of One-Way ANOVA regarding to the age variable

| _             | 57.783 | 67 |       |       |      |
|---------------|--------|----|-------|-------|------|
| Fifth         | 2.209  | 3  | .736  | 1.020 | .390 |
|               | 46.204 | 64 | .722  |       |      |
|               | 48.413 | 67 |       |       |      |
| Sixth         | 3.491  | 3  | 1.164 | 1.402 | .250 |
|               | 53.118 | 64 | .830  |       |      |
|               | 56.609 | 67 |       |       |      |
| Complete      | .337   | 3  | .112  | .496  | .686 |
| Questionnaire | 14.476 | 64 | .226  |       |      |
|               | 14.813 | 67 |       |       |      |
|               |        |    |       |       |      |

### The Results of the Fourth Question

To answer the fourth main question which stated that "What are differences according to qualification variable in terms of adopting Mobile Learning at the ELC in Taibah University?, and to examine the third null hypothesis which postulated that there would be no statistically significant differences in the average score of Mobile Learning adoption between male and female instructors toward using Mobile Learning technology at ELC in Taibah University according to qualification variable", One-Way ANOVA was run and the obtained results are illustrated in table (18). The obtained results are interpreted as follows: There were no statistically significant differences at level of significance (0.05) in all domains of the questionnaire between **male and female** instructors in the adoption of Mobile Learning technology at ELC in Taibah University regarding to the qualification variable. As a result, the third null hypothesis was accepted.

| Variable                | Axis   | Sum of<br>Squares | df | Mean<br>Square | F     | P-Value<br>(Sig.) |
|-------------------------|--------|-------------------|----|----------------|-------|-------------------|
| Last Degree             | First  | 2.507             | 3  | .836           | 2.100 | .109              |
| of the<br>Qualification |        | 25.869            | 65 | .398           |       |                   |
|                         |        | 28.376            | 68 |                |       |                   |
|                         | Second | .327              | 3  | .109           | .333  | .802              |
|                         |        | 21.274            | 65 | .327           |       |                   |
|                         |        | 21.601            | 68 |                |       |                   |
|                         | Third  | 2.973             | 3  | .991           | 1.796 | .157              |
|                         |        | 35.857            | 65 | .552           |       |                   |
|                         |        | 38.830            | 68 |                |       |                   |

#### Table 18. The results of One-Way ANOVA regarding to the qualification variable

|   | Fourth                    | 1.788  | 3  | .596  | .690  | .561 |
|---|---------------------------|--------|----|-------|-------|------|
|   |                           | 56.157 | 65 | .864  |       |      |
|   |                           | 57.945 | 68 |       |       |      |
|   | Fifth                     | 4.016  | 3  | 1.339 | 1.960 | .129 |
|   |                           | 44.399 | 65 | .683  |       |      |
|   |                           | 48.415 | 68 |       |       |      |
|   | Sixth                     | 4.041  | 3  | 1.347 | 1.649 | .187 |
|   |                           | 53.106 | 65 | .817  |       |      |
|   | Complete<br>Questionnaire | 57.147 | 68 |       |       |      |
|   |                           | 1.044  | 3  | .348  | 1.642 | .188 |
| Q |                           | 13.779 | 65 | .212  |       |      |
|   |                           | 14.823 | 68 |       |       |      |

### The Results of the Fifth Question

To answer the fourth main question which stated that "What are differences according to experience variable in terms of adopting Mobile Learning at the ELC in Taibah University?, and to examine the fourth null hypothesis which postulated that there would be no statistically significant differences in the average score of Mobile Learning adoption between male and female instructors toward using Mobile Learning technology at ELC in Taibah University according to qualification variable", One-Way ANOVA was run and the obtained results are illustrated in table (19). The obtained results are interpreted as follows: There were no statistically significant differences at level of significance (0.05) in all domains of the questionnaire between **male and female** instructors in the adoption of Mobile Learning technology at ELC in Taibah University regarding to the qualification variable. As a result, the fourth null hypothesis was accepted.

| Variable               | Axis   | Sum of<br>Squares | df | Mean<br>Square | F     | P-Value<br>(Sig.) |
|------------------------|--------|-------------------|----|----------------|-------|-------------------|
| Years of<br>Experience | First  | 7.461             | 19 | .393           | .913  | .571              |
|                        |        | 18.928            | 44 | .430           |       |                   |
|                        |        | 26.389            | 63 |                |       |                   |
|                        | Second | 6.449             | 19 | .339           | 1.037 | .443              |
|                        |        | 14.407            | 44 | .327           |       |                   |
|                        |        | 20.856            | 63 |                |       |                   |
|                        | Third  | 8.288             | 19 | .436           | .770  | .727              |
|                        |        | 24.938            | 44 | .567           |       |                   |
|                        |        |                   |    |                |       |                   |

#### Table 19. The results of One-Way ANOVA regarding to the experience variable

|   | -             | 33.226 | 63 |      |       |      |
|---|---------------|--------|----|------|-------|------|
|   | Fourth        | 17.913 | 19 | .943 | 1.202 | .299 |
|   |               | 34.510 | 44 | .784 |       |      |
|   |               | 52.423 | 63 |      |       |      |
|   | Fifth         | 15.002 | 19 | .790 | 1.453 | .152 |
|   |               | 23.912 | 44 | .543 |       |      |
|   |               | 38.914 | 63 |      |       |      |
|   | Sixth         | 15.568 | 19 | .819 | .994  | .486 |
|   |               | 36.288 | 44 | .825 |       |      |
| Q |               | 51.856 | 63 |      |       |      |
|   | Complete      | 4.995  | 19 | .263 | 1.330 | .214 |
|   | Questionnaire | 8.695  | 44 | .198 |       |      |
|   |               | 13.690 | 63 |      |       |      |

### DISCUSSION

This study aimed to investigate Mobile Learning adoption by language instructors at ELC in Taibah University, and to examine the effects of gender, age, qualification and experience variables on the adoption process. The results obtained from the questionnaire analysis were as follow:

- 1. Reached the general mean of all statement (male=3.76, female=3.50), indicated that the **usefulness** of Mobile Learning adoption by EFL male and female instructors was **"Frequently"**.
- 2. Reached the general mean of all statement (male=3.12, female=2.91) indicated that the ease of Mobile Learning use between male and female instructors was "Sometimes". There were statistically significant differences at level of significance (0.05) between male and female in favor of male group. Using various features was easier for male than female. Males rarely face difficulties with hardware components of devices.
- 3. Reached the general mean of all statement (male=2, 50, female=3.43) indicated that male and female "rarely "adopted Mobile Learning in the teaching of language skills, but they "**sometimes**" used it to teach vocabulary and pronunciation.
- 4. Reached the general mean of all statement (male=3.38, female=3.23) indicated that male and female instructors used types of teaching practices" **Sometimes** in this domain. The most common types of teaching practices were: using mobile devices to inform students about course alerts, sending and receiving emails, and sending and receiving course files and documents, and sharing educational content with their students. This result explains that language instructors use mobile devices to contact with students more to teach language.

- 5. Reached the General mean of all statement (male=3.05, female=2.81) and this indicated that the all features and apps of Mobile Learning in this domain were used "Sometimes " by EFL male and female instructors The most common features and apps used by language instructors were: What's app, text messaging, web browser apps, and apps facilitating learning English. This result supports the finding that language instructors used mobile devices mainly to keep in touch with their students.
- 6. There were statistically significant differences at level of significance (0.05) between EFL male and female instructors in favor of female regarding the challenges of Mobile Learning adoption. Adoption challenges were more serious obstacles that might hinder adoption in case of female instructors.
- 7. There were no statistically significant differences at level of significance (0.05) in all domains of the questionnaire between **male and female** instructors in the adoption of Mobile Learning ats ELC in Taibah University regarding to gender, age, qualification and experience variables.

# CONCLUSION

The study results are in consistent with some previous studies such as Behera (2012) and Gorichanaz (2011) discussed the usefulness of using mobile devices in educational fields and how it could be used to contact with students. Goundar (2011), Miangah and Nezarat (2012), examined the mobile devices features and applications such as and Behera (2012) massaging service, e-mail, portability, touch screen ... etc. which allowed learning activities and a high degree of user interactivity in addition Behera (2012) researched the easiness of mobile learning for instructors both male and female, whereas in this current study it favored the male group and the female group faced difficulties "sometimes" when using mobile devices as supported by Kukulska-Hulme and Traxler (2005) they argued that it had its own constraints as small screen, reading difficulty on such a screen, data storage and multimedia limitations. Gholami and Azarmi (2012) and Chinnery (2006) agreed that there are some limitations and barriers with mobile devices to be used as educational devices which are considered challenging in this field. In contrast, Kaur and Bhullar (2013) proved that Mobile learning improved language skills" it helped learners to improve their literacy and numeracy skills and to recognize their existing abilities", but Gorichanaz (2011) and Abbasi and Hashmi (2013) results were in consistent with the current study that proved that Mobile learning can be used to teach vocabulary. Concerning the types of teaching practices, Fritschi and Wolf (2012), Levy and Kennedy (2005), Norbrook and Scott (2003) and shunye (2014) emphasized that mobile technology improved teaching practices that enhance the learning process and it is used as a way to distribute contents\materials from teachers to students.

### RECOMMENDATIONS

Based on the findings of this study, the following recommendations are made:

- 1. English language instructors should participate in mobile applications workshops that cover the latest trends of teaching ESL/EFL .Well-qualified instructors have strong impact on language courses.
- 2. It is also important to train students to become good digital literates by helping them to develop self-independence in learning. Students should be provided with strategies for using these digital applications, and to know how they can monitor their progress and evaluate their achievements

3. Language instructors need the support of ELC to implement this type of learning in delivering instruction and to make use of different applications available for language learning.

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